

The AXIOM Aesthetic

Weekly inspiration for the creative mind.



The concept of blue zones grew from the demographic work of Gianni Pes and Michel Poulain. The concept began when they identified Sardinia, Italy as the region with the highest concentration of male centenarians. They drew blue circles on the map highlighting the villages of extreme longevity and began to refer to the area as the blue zone. Building on the work, Dan Buettner and his team of scientists traveled the world in search of communities where people not only lived longer but also enjoyed a high quality of life in their older age. Five regions stood out for extraordinary longevity and vitality. The original blue zones are Ikaria, Greece, Okinawa, Japan, Ogilastra Region, Sardinia, Loma Linda, California and Nicoya Peninsula, Costa Rica. This team also dubbed the term Power 9 which are nine specific lifestyle habits found in all blue zones. These lifestyle habits include moving naturally, knowing your sense of purpose, shed stress, stop eating when your stomach is 80% full, eat more plants, drink 1-2 glasses per day, find a place you belong (spiritual), put your family first and embrace a healthy social circle.

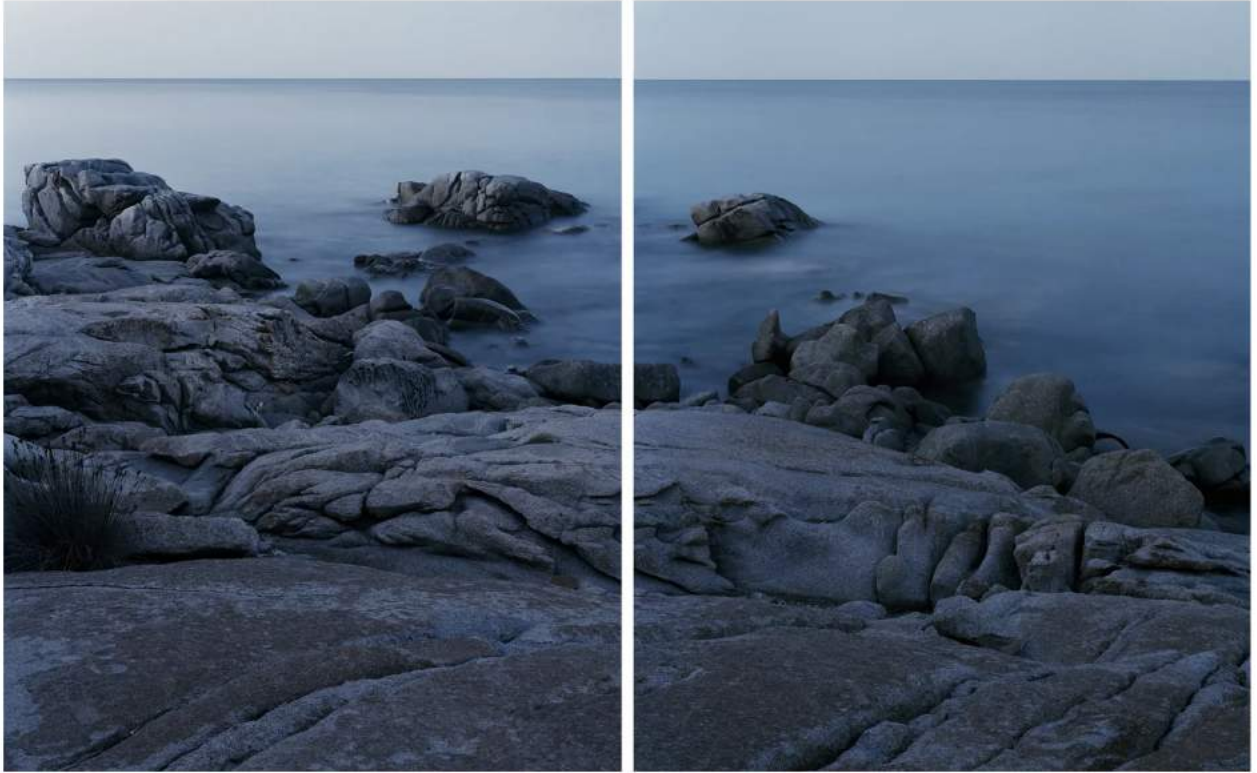




Atticus Adams
'Combahee VI'
Aluminum Mesh, Gesso, Acrylic & Wire
32 x 40 x 4 inches / 81.3 x 101.6 x 10.2 cm



Lisa Ashinoff
"Tomson"
Oil on Canvas
68 x 72 inches / 172.7 x 182.9 cm



Fabio Barile

"Granite in Sardinia"

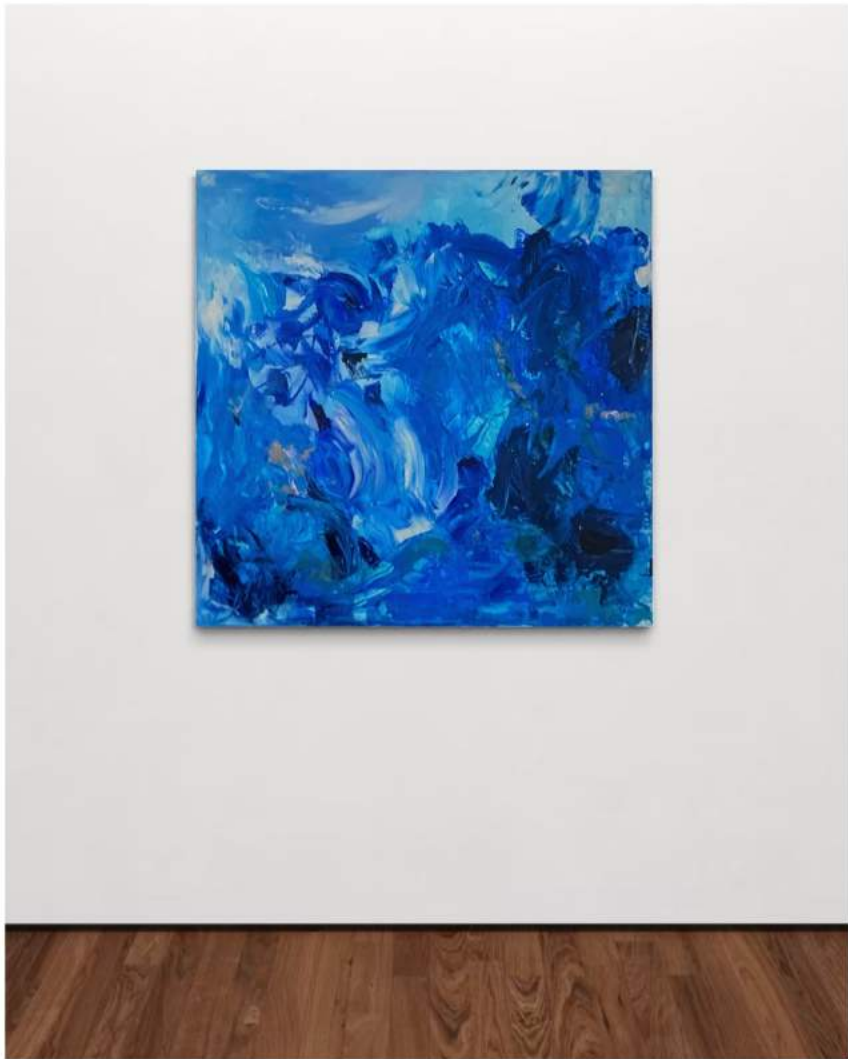
Giclee Print on Hahnemuhle Photo Rag Baryta Paper

Limited Edition of 2

118.1 x 73.8 inches / 300 x 187.5 cm



Vanessa Barragao
'Bleached Coral'
Latch Hook & Crochet Upcycled Fibers
47 x 85 inches / 119.4 x 215.9 cm



Heather Dawn Batchelor
"Making Waves"
Acrylic on Canvas
48 x 48 inches / 121.9 x 121.9 cm



Maximo Caminero
"Infinite Transparencies"
Oil & Mixed Media on Canvas
98 x 44 inches



Steve Fitch

"Drive-In Theater, Highway I-10, Loma Linda, California"

Archival Pigment Ink Print

Edition of 40

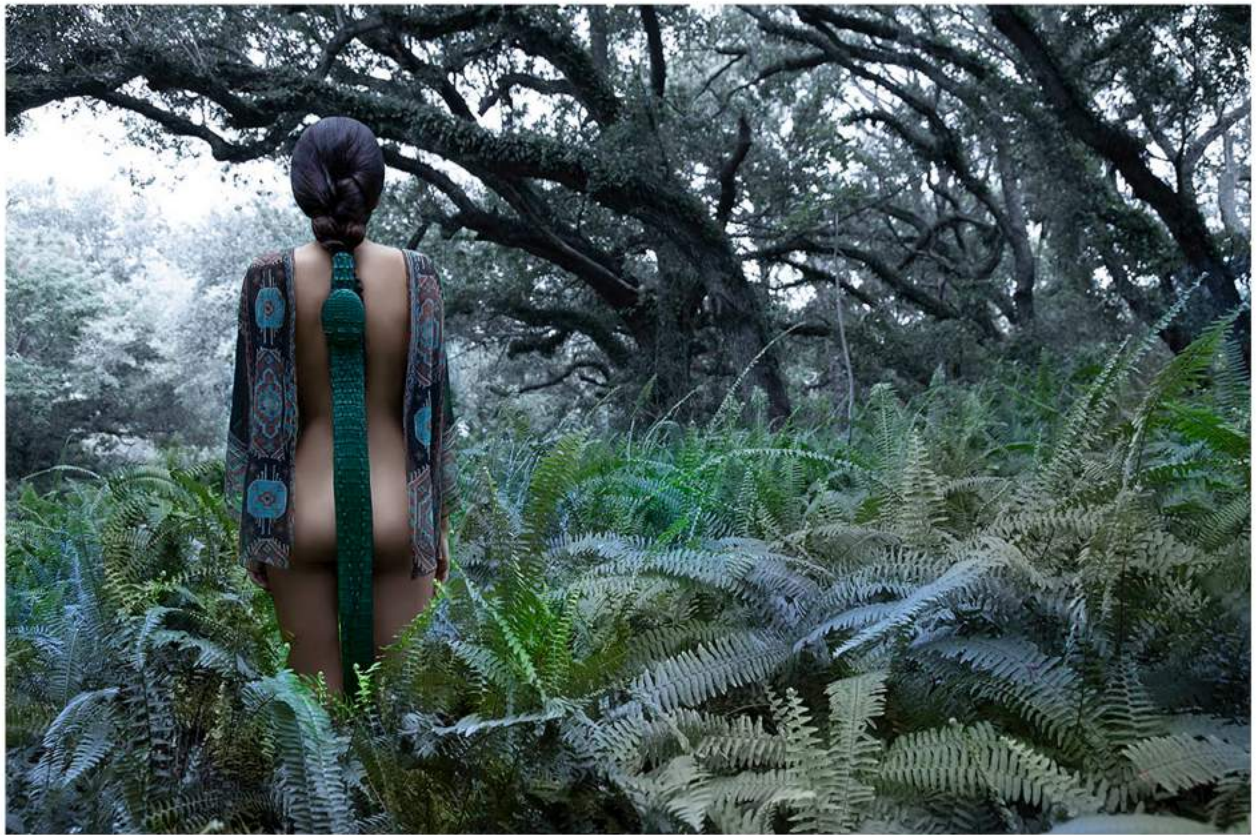
16 x 14 inches /40.6 x 35.6 cm



Katsumi Hayakawa
'1•2•3'
Acrylic on Paper on Wood Panel
53.25 x 23.75 inches



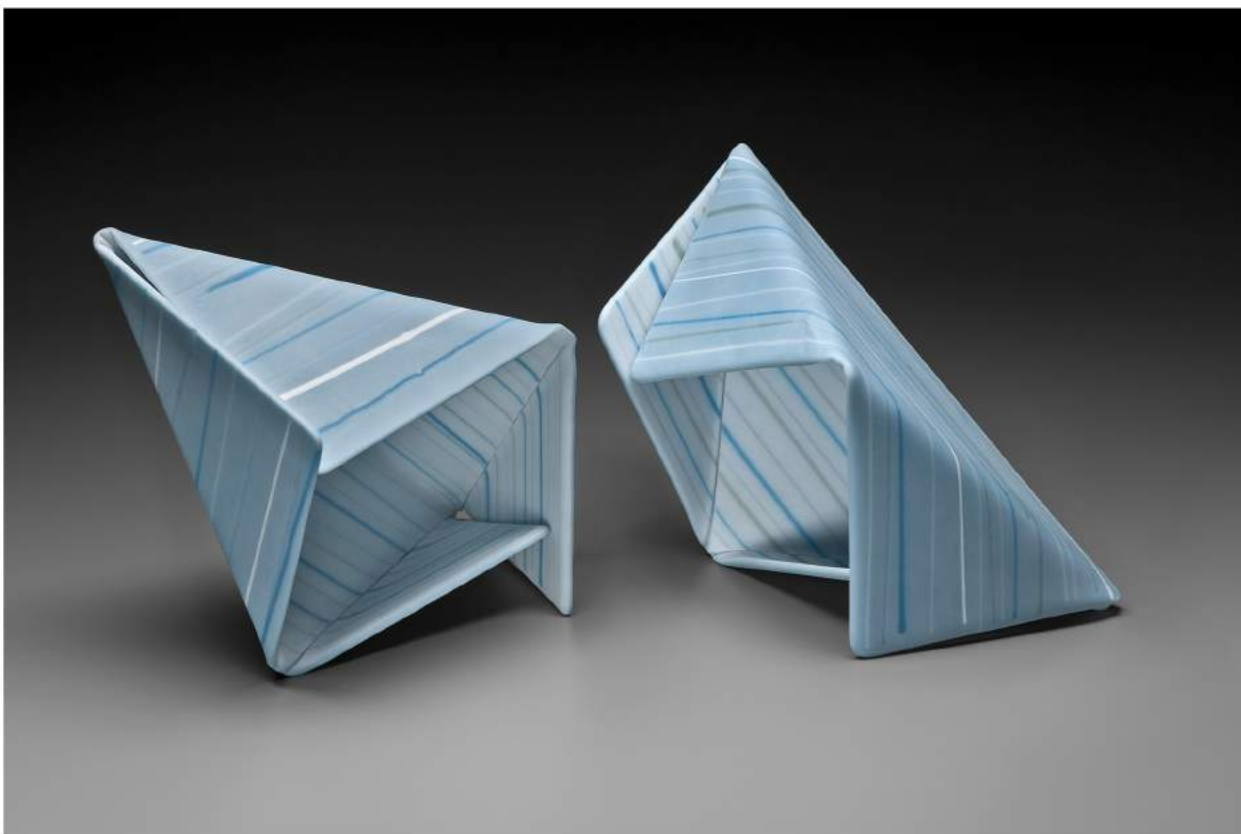
Michael Kenna
"Rocks on Water, Shinri Hama Okinawa Japan"
Silver Gelatin Print
7.5 x 7.5 inches /19.1 x 19.1 cm



Natasha Kertes
"Stillness"
Photograph Mounted in Plexi Glass
82 x 62 inches



Douglas James Maguire
"Ikaria"
Oil on Linen
44 x 25 inches / 111.8 x 63.5 cm



Karen Mahardy
"Conversation"
Glass
14 x 6 x 7 inches each



Harry Moody
"Abstract and Icebergs 322"
Oil on Canvas
54 x 54 inches / 137.2 x 137.2 cm



Jen Pack
"Midnight's Fire"
Pieced Fabric Stretched on Wood Frame
30 x 23 x 3 inches



Mary Elizabeth Peterson
"Spreading Over Stones 2"
Mixed Media on Canvas
48 x 36 inches



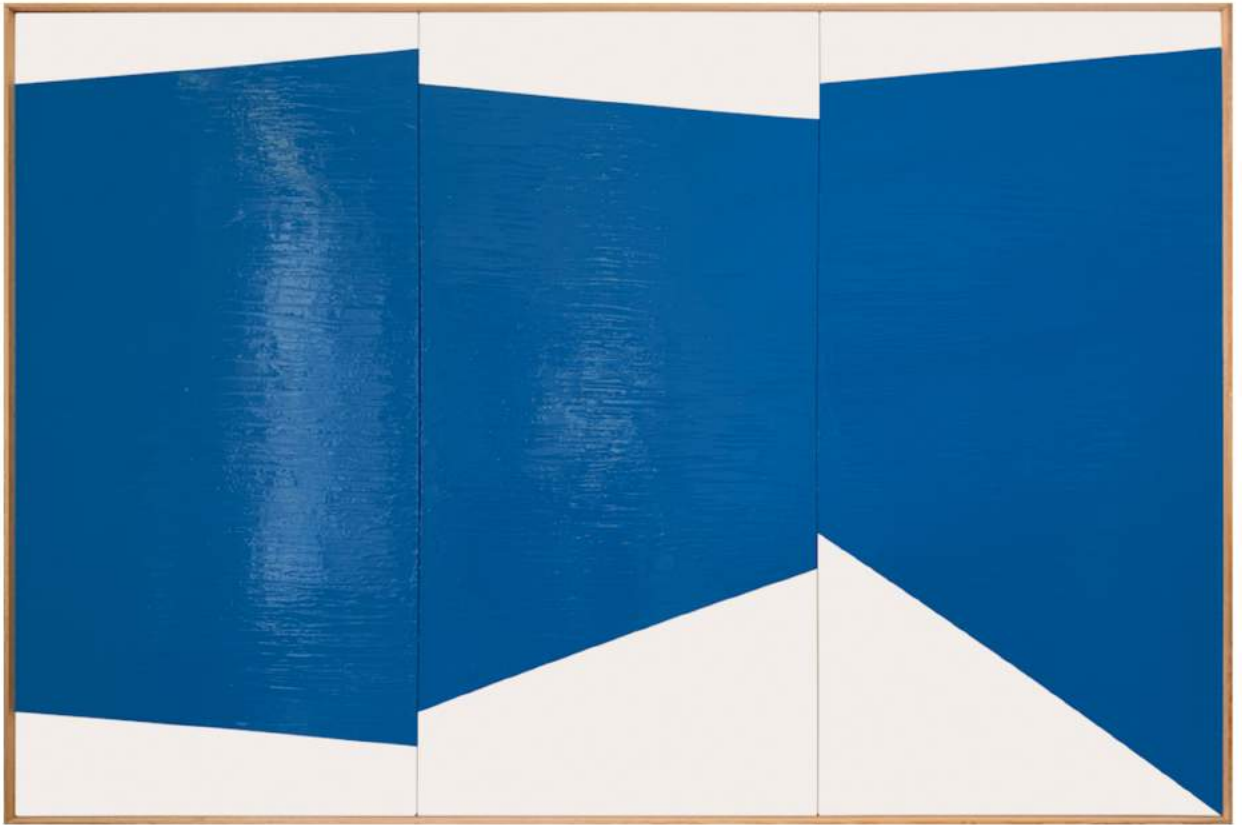
Ian Rayer-Smith
'Decay Waves'
Acrylic on Canvas
74.8 x 74.8 inches



Bryan Ricci
"Over Costa Rica"
Raw Pigment & Mixed Media on Photograph
16 x 11 inches / 40.6 x 27.9 cm



AXIOM Studio
"Jack"
Acrylic on Canvas
80 x 60 inches



Jason Trotter
"Conspicuous II"
Acrylic on Canvas
103 x 69 inches



Ko Ushijima
"070308-2"
2007
Pencil, Acrylic Paint & Sumi Ink on Paper
22 x 31.3 inches each

